

# STUDENT COUNSELING SERVICES

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Student Counseling Services (<https://studentlife.creighton.edu/wellness/health-and-counseling/student-counseling-services/>) provides counseling support to all full-time Creighton students. Counseling services are intended to assist all students in their growth, their adjustment to academic and life challenges, and their development of healthy strategies for living. Our services encourage positive health and wellness practices. The staff is sensitive to the cultural and life-style uniqueness of all students. We work in concert with Student Health Services to provide a holistic, collaborative care setting for students. Student Counseling Services maintains all mental health records for Creighton University students in its Electronic Health Record.

Offers a variety of services to assist with the choices in college life:

- Individual counseling
- Group Therapy
- Consultations
- Psychiatry
- Assessments and Evaluations

Call the Center at 402.280.2735 for an appointment, or drop in. All counseling services are confidential. The Center is accredited by the International Association of Counseling Services. Counseling services are offered at no cost to Creighton students. There is a fee for some psychological assessment services.