

# STUDENT COUNSELING SERVICES

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Student Counseling Services (SCS) provides counseling support to all full-time Creighton students. Counseling services are intended to assist all students in their growth, their adjustments to academic and life challenges, and their development of healthy strategies for living. Our services offer a flexible approach to care and are designed to encourage positive health and wellness practices. Student Counseling Services acknowledges the inherent worth and dignity of every intersecting identity of those we serve.

Student Counseling Services is located in our main office in Omaha in Markoe Hall and at our Phoenix Health Sciences Campus. We also offer services for our student-athletes in The Athletic Counseling and Performance Clinic located in The Ryan Center.

We offer a variety of services to assist with the choices and challenges of University life:

- Individually tailored counseling, guided by brief, strength-based practices
- Group therapy
- Psychiatry
- Workshops
- Consultations
- Assessments and Evaluations
- 24/7 Crisis Counseling Support
- Outreach
- Case Management
- Referral Assistance

Call Student Counseling Services at 402-280-CALM (2256) for an appointment or to access 24/7 crisis support after business hours, during holidays or school breaks. All counseling services are confidential. Counseling services are free to students. Psychiatry services are billed through insurance with applicable copays. Assessment and evaluation services are also provided for a fee.