

B.A., COMMUNICATIONS / M.S., INTEGRATIVE HEALTH AND WELLNESS ACCELERATED PROGRAM

Accelerated Master's Program (AMP):

B.A. - Communication Studies and

M.S. - Integrative Health and Wellness (IHW)

The accelerated M.S., Integrative Health and Wellness degree for students in the B.A., Communications Studies program will allow them to begin earning credit towards the online Health and Wellness Certificate on the path to the M.S., in Integrative Health and Wellness degree during their final two to four semesters.

Degree Requirements

1. B.A. in Communication Studies (<http://catalog.creighton.edu/undergraduate/arts-sciences/communication-studies/#majorstext>) requirements
2. Complete the courses in the Plan of Study below during the final semesters of the B.A. degree.
3. Complete the M.S., Integrative Health and Wellness requirements (<http://catalog.creighton.edu/graduate/graduate-programs-courses/health-and-wellness/ms-integrative-health-and-wellness/>)

Course	Title	Credits
Senior		
Fall		
GRD 601	Writing for Graduate Students	1
IHW 605	Foundations in Integrative Health and Wellness	2
IHW 650	Health Behavior Modification	3
Term Credits		6
Spring		
IHW 651	Nutrition for Chronic Disease	3
IHW 652	Exercise for Chronic Disease	3
Term Credits		6
Summer		
Complete additional 3 credit hours to earn the Graduate Certificate in Lifestyle Medicine		
Term Credits		0
Total Credits		12